

 **BREAKFAST**

 **LUNCH**

# JANUARY 2019

## LAGUNA SCHOOL

All meals are served with a food bar and your choice of low-fat flavored or white milk. We use whole grain breads. All foods are baked.

**Monday**


**Tuesday**

**Wednesday**

**Thursday**

**Friday**

2019

 Your cafeteria is managed by  
**Canteen of Central New Mexico**

1

2

3

4

7

8

9

10

11

14

15

16

17

18

21

22

23

24

25

28

29

30

31

BREAKFAST PIZZA  
FRESH FRUIT

**BEEF FAJITAS**  
PINTO BEANS  
MIXED FRUIT  
BROWN RICE

PLAIN BAGEL  
CREAM CHEESE  
FRESH FRUIT

**GRILLED HAM AND CHEESE**  
MIXED VEGETABLES  
CINNAMON APPLE SLICES

PANCAKE WRAP  
FRESH FRUIT

**HOT DOG ON A BUN**  
OVEN FRENCH FRIES  
PEARS

CHERRY FRUDEL  
FRESH FRUIT

**PIZZA**  
BROCCOLI  
MANDARIN ORANGES  
RICE KRISPIE TREATS

PEANUT BUTTER & JELLY  
FRESH FRUIT

**FIESTA BURRITO**  
MIXED VEGETABLES  
PINEAPPLE CHUNKS  
**CHICKEN ENCHILADAS**  
TORTILLA

BREAKFAST BURRITO  
FRESH FRUIT

**STEAK FINGERS**  
CARROTS  
PEACHES  
WHOLE WHEAT ROLL

OATMEAL  
TOAST, 1 SLICE  
FRESH FRUIT

**CHICKEN TACOS (SOFT SHELL)**  
MEXICALI CORN  
APRICOTS

POP TART  
FRESH FRUIT

**NACHOS SUPREME**  
BROCCOLI  
MIXED FRUIT  
ANIMAL CRACKERS

MINI WAFFLE EGGO BITES  
FRESH FRUIT

**Combo Plate:**  
**BEEF TAQUITOS**  
**TAMALES**  
PINTO BEANS  
APPLESAUCE

COLD CEREAL, VARIETY  
STRING CHEESE  
FRESH FRUIT

**LASAGNA WITH MEAT SAUCE**  
MIXED VEGETABLES  
PEARS  
GARLIC BREAD

FRENCH TOAST STICKS  
FRESH FRUIT

**HOT DOG ON A BUN**  
OVEN FRENCH FRIES  
MANDARIN ORANGES

BANANA BREAD  
FRESH FRUIT

**TERIYAKI CHICKEN BOWL**  
BROCCOLI  
SIDEKICKS  
WHOLE WHEAT ROLL

BREAKFAST PIZZA  
FRESH FRUIT

**STEAK FINGERS**  
COUNTRY GRAVY  
BAKED BEANS  
MIXED FRUIT  
BISCUIT

CINNI MINIS  
FRESH FRUIT

**CHICKEN PARMESAN**  
CARROTS  
PEARS  
GARLIC BREAD

POP TART  
FRESH FRUIT

**ORANGE CHICKEN**  
BROCCOLI  
APPLESAUCE  
BROWN RICE

OATMEAL  
TOAST, 1 SLICE  
FRESH FRUIT

**Combo Plate:**  
**BEEF TAQUITOS**  
**PORK POSOLE**  
PINTO BEANS  
PINEAPPLE CHUNKS

BOILED EGG  
TORTILLA  
FRESH FRUIT

**CHICKEN ALFREDO**  
CARROTS  
MIXED FRUIT  
BREADSTICK

EGG, HAM & CHEESE  
CROISSANT  
FRESH FRUIT

**MEATBALLS IN BROWN GRAVY**  
PEACHES  
BROCCOLI  
WHOLE WHEAT ROLL